Town of Surfside Parks and Recreation Department



This program follows the curriculum established by the ATFI, one of the National governing bodies for the International Taekwon-Do Federation in the United States. Students will learn and practice correct terminology, stances, blocking, striking, kicking, patterns, step sparring, free sparring, self-defense, and breaking techniques for each level or rank obtained. Students will not only develop discipline, respect, self-control, courtesy, integrity, and indomitable spirit, but also develop physical and mental coordination, excellent conditioning, and toughness to deal with a variety of situations, all while training in a safe environment.

Registration Regins

Residents - September 23

Non-Residents - October 7

Residents - \$132.00

Non-Residents - \$187.00

7 weeks = 11 classes

*Drop ins not available

First time participants: \$50 mandatory uniform purchase through instructor for participation in class.

Monday & Wednesdays

November 4 - December 18

No Class: 11/11.11/25. & 11/27

Time: 6:30 pm - 7:25pm

Ages: 7 - 18

Class Space Is Limited

Registration and class held at the

Surfside Community Center PROGRAM
REGISTRATION

9301 Collins Avenue

*Changes/Cancellations are subject to administrative

*Proof of residency is required at the time of registration fees

INTEGRITY

SELF DEFENSE

DISCIPLINE

RESPECT



For more information please call the Surfside Community Center (305) 866-3635

Website: www.townofsurfsidefl.gov

