



TAEKWONDO

This program follows the curriculum established by the ATFI, one of the National governing bodies for the International Taekwon-Do Federation in the United States. Students will learn and practice correct terminology, stances, blocking, striking, kicking, patterns, step sparring, free sparring, self-defense, and breaking techniques for each level or rank obtained. Students will not only develop discipline, respect, self-control, courtesy, integrity, and indomitable spirit, but also develop physical and mental coordination, excellent conditioning, and toughness to deal with a variety of situations, all while training in a safe environment.

Registration Begins

Residents – March 17

Non-Residents – March 31

Fee:

Residents – \$108.00

Non-Residents – \$153.00

5 weeks = 9 classes

***Drop ins not available**

First time participants: \$50 mandatory uniform purchase through instructor for participation in class.

*Changes/Cancellations are subject to administrative

*Proof of residency is required at the time of registration fees

INTEGRITY

DISCIPLINE

SELF DEFENSE

RESPECT

Monday & Wednesdays

April 28 – May 28

No Class: 5/26

Time: 6:30 pm – 7:25pm

Ages: 7 – 18

Class Space Is Limited

Classes will be held at the
96th ST Park
(9580 Bay Dr.)

**PROGRAM
REGISTRATION**

SCAN ME



For more information please call the
Surfside Community Center (305) 866-3635
Website: www.townofsurfsidefl.gov

