



# TAEKWONDO

This program follows the curriculum established by the ATFI, one of the National governing bodies for the International Taekwon-Do Federation in the United States. Students will learn and practice correct terminology, stances, blocking, striking, kicking, patterns, step sparring, free sparring, self-defense, and breaking techniques for each level or rank obtained. Students will not only develop discipline, respect, self-control, courtesy, integrity, and indomitable spirit, but also develop physical and mental coordination, excellent conditioning, and toughness to deal with a variety of situations, all while training in a safe environment.

## Registration Begins

Residents – November 25

Non-Residents – December 9

### Fee:

Residents – \$144.00

Non-Residents – \$204.00

7 weeks = 12 classes

**\*Drop ins not available**

First time participants: \$50 mandatory uniform purchase through instructor for participation in class.

\*Changes/Cancellations are subject to administrative

\*Proof of residency is required at the time of registration fees

**Monday & Wednesdays**

**January 6 – February 19**

**No Class: 01/20 & 02/17**

**Time: 6:30 pm – 7:25pm**

**Ages: 7 – 18**

**Class Space Is Limited**

Class held at the 96th ST Park  
(9572 Bay Dr.)

PROGRAM  
REGISTRATION



**INTEGRITY**

**SELF DEFENSE**

**DISCIPLINE**

**RESPECT**



For more information please call the  
Surfside Community Center (305) 866-3635  
Website: [www.townofsurfsidefl.gov](http://www.townofsurfsidefl.gov)

