



TOWN OF SURFSIDE PARKS & RECREATION DEPARTMENT ZOOM PROGRAMS WEEKLY SCHEDULE

IT STARTS IN
PARKS
HEALTH • COMMUNITY • ECONOMY • ENVIRONMENT

| Monday 06/01/20 | | Tuesday 06/02/20 | |
|---------------------|---|---------------------|--|
| Times | CLASS INFOMATION | Times | ZOOM LOGIN INFORMATION |
| 10:00 - 11:00 | Class: Toning with Weights Instructor: Marianella Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | 9:00 - 10:00 | Click Here: Register in advance for this webinar |
| 3:00 - 4:00 | Class: Jazz Fusion Instructor: Charles Age Group: 7 – 12 years old Host: Marianella Link: Check for email confirmation containing info about joining the meeting | 3:30 - 4:10 | Click Here: Register in advance for this webinar |
| 5:00 - 6:00 | Class: Cyclone Soccer Instructor: Matias Age Group: 6 – 12 Years Old Host: David Link: Check for email confirmation containing info about joining the meeting | 4:00 - 5:00 | Click Here: Register in advance for this webinar |
| 6:00 - 7:15 | Class: Yoga Instructor: Claudia Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | 5:00 - 6:00 | Click Here: Register in advance for this webinar |
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| Wednesday 06/03/20 | | Thursday 06/04/20 | |
|--|--|--|--|
| Times | CLASS INFORMATION | Times | CLASS INFORMATION |
| | | ZOOM LOGIN INFORMATION | |
| 9:00 - 10:00 | Class: Zumba Instructor: Ileana Age Group: Adults and Seniors Host: Carlos Link: Check for email confirmation containing info about joining the meeting | 9:00 - 10:00 | Class: Morning Stretch Instructor: Marianella Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting |
| Click Here: Register in advance for this webinar | | Click Here: Register in advance for this webinar | |
| 10:00 - 11:00 | Class: Toning with Weights Instructor: Marianella Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | 11:00 - 12:00 | Class: Trivia Games Instructor: Stanley Flaxx Age Group: Seniors Host: David Link: Check for email confirmation containing info about joining the meeting |
| Click Here: Register in advance for this webinar | | Click Here: Register in advance for this webinar | |
| 4:00 - 5:00 | Class: Kids Cooking Class Instructor: Marianella Age Group: Kids Host: Marianella Link: Check for email confirmation containing info about joining the meeting | 3:00 - 4:00 | Class: Hip Hop Instructor: Charles Age Group: 7 – 12 Years Old Host: Marianella Link: Check for email confirmation containing info about joining the meeting |
| Click Here: Register in advance for this webinar | | Click Here: Register in advance for this webinar | |
| 5:00 - 6:00 | Class: Cyclone Soccer Instructor: Matias Age Group: 6 – 12 Years Old Host: David Link: Check for email confirmation containing info about joining the meeting | 4:00 - 5:00 | Class: PRE – Teen Scene Instructor: Carlos Age Group: 10 – 12 years old Host: Carlos Link: Check for email confirmation containing info about joining the meeting |
| Click Here: Register in advance for this webinar | | Click Here: Register in advance for this webinar | |
| 6:00 - 7:15 | Class: Aerobics/Body Sculpting Instructor: Claudia Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | 5:00 - 6:00 | Class: Dry Land Swim Work Out Instructor: Marianella Age Group: 6 – 14 years old Host: Marianella Link: Check for email confirmation containing info about joining the meeting |
| Click Here: Register in advance for this webinar | | Click Here: Register in advance for this webinar | |
| | | 5:00 - 6:00 | Class: Teen Scene Instructor: Carlos Age Group: 13 – 15 years old Host: Carlos Link: Check for email confirmation containing info about joining the meeting |
| | | Click Here: Register in advance for this webinar | |



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| Friday | | 06/05/20 | Saturday | | 06/06/20 |
|---------------|---|--|---------------|--|--|
| Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION |
| 2:00 - 3:00 | Class: Quarantine Talk Time for Adults Instructor: Dr. Dawson Age Group: Adults & Seniors Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 9:00 - 10:00 | Class: Yoga Instructor: Claudia Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 3:00 - 4:00 | Class: Quarantine Talk Time for Tweens and Teens Instructor: Dr. Dawson Age Group: 10 years and up Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 10:00 - 11:00 | Class: Super Soccer Stars Instructor: Diego Age Group: 2.5 – 5 years old Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 4:30 - 5:00 | Class: JustBE Guided Mindfulness practice for Parents Instructor: Nicole Age Group: Parents of kids 5 & Up Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | 11:00 - 12:00 | Class: Cyclone Soccer Instructor: Matias Age Group: 6 – 12 Years Old Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar |
| 6:00 - 7:15 | Class: Pilates Instructor: Claudia Age Group: Adults and Seniors Host: Marianella Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | | |
| Sunday | | 06/07/20 | | | |
| Times | CLASS INFORMATION | ZOOM LOGIN INFORMATION | | | |
| 10:30 - 11:30 | Class: Kids Zumba Instructor: Jennifer Age Group: 6 – 12 years old Host: David Link: Check for email confirmation containing info about joining the meeting | Click Here: Register in advance for this webinar | | | |