



# TOWN OF SURFSIDE PARKS & RECREATION DEPARTMENT ZOOM PROGRAMS WEEKLY SCHEDULE

IT STARTS IN  
**PARKS**  
HEALTH • COMMUNITY • ECONOMY • ENVIRONMENT

Monday		08/03/20	Tuesday		08/04/20
Times	CLASS INFORMATION	ZOOM LOGIN INFORMATION	Times	CLASS INFORMATION	ZOOM LOGIN INFORMATION
10:00 - 11:00	<p>Class: <u>Toning with Weights</u>            Instructor: <u>Marianella</u>            Age Group: <u>Adults and Seniors</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>	9:00 - 10:00	<p>Class: <u>Morning Stretch</u>            Instructor: <u>Marianella</u>            Age Group: <u>Adults and Seniors</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>
3:30 - 4:15	<p>Class: <u>Gymnastics</u>            Instructor: <u>Dujon</u>            Age Group: <u>6 - 12 years old</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>	10:00 - 11:00	<p>Class: <u>Kids Zumba</u>            Instructor: <u>Jennifer</u>            Age Group: <u>6 - 12 years old</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>
5:00 - 6:00	<p>Class: <u>Dry Land Swim Work Out</u>            Instructor: <u>Marianella</u>            Age Group: <u>6 - 14 years old</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>	3:00 - 3:45	<p>Class: <u>Creative Time</u>            Instructor: <u>Jessica</u>            Age Group: <u>8 and under</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>
6:00 - 7:15	<p>Class: <u>Yoga</u>            Instructor: <u>Claudia</u>            Age Group: <u>Adults and Seniors</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>	4:00 - 5:00	<p>Class: <u>Good Vibe Tribe Teen Service Adventures</u>            Instructor: <u>Shelley</u>            Age Group: <u>11 - 16 years old</u>            Host: <u>Carlos</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>
			6:30 - 7:30	<p>Class: <u>Salsa Casino/Rueda</u>            Instructor: <u>Dujon</u>            Age Group: <u>Adults 18+</u>            Host: <u>Marianella</u>            Link:            Check for email confirmation containing info about joining the meeting</p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>



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Wednesday		08/05/20		Thursday		08/06/20	
Times	CLASS INFORMATION	ZOOM LOGIN INFORMATION	Times	CLASS INFORMATION	ZOOM LOGIN INFORMATION		
10:00 - 11:00	<p><b>Class:</b> <u>Zumba</u>  <b>Instructor:</b> <u>Ileana</u>  <b>Age Group:</b> <u>Adults and Seniors</u>  <b>Host:</b> <u>Marianella</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>	9:00 - 10:00	<p><b>Class:</b> <u>Morning Stretch</u>  <b>Instructor:</b> <u>Marianella</u>  <b>Age Group:</b> <u>Adults and Seniors</u>  <b>Host:</b> <u>Marianella</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>		
4:00 - 5:00	<p><b>Class:</b> <u>Kids Cooking Class</u>  <b>Instructor:</b> <u>Marianella</u>  <b>Age Group:</b> <u>Kids</u>  <b>Host:</b> <u>Marianella</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>	2:00 - 3:00	<p><b>Class:</b> <u>Snapology: Space Adventures</u>  <b>Instructor:</b> <u>Daniel</u>  <b>Age Group:</b> <u>5 - 12 years old</u>  <b>Host:</b> <u>Marianella</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>		
5:00 - 6:00	<p><b>Class:</b> <u>Dry Land Swim Work Out</u>  <b>Instructor:</b> <u>Marianella</u>  <b>Age Group:</b> <u>6 - 14 years old</u>  <b>Host:</b> <u>Marianella</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>	4:00 - 5:00	<p><b>Class:</b> <u>Good Vibe Tribe Teen Service Adventures</u>  <b>Instructor:</b> <u>Shelley</u>  <b>Age Group:</b> <u>11 - 16 years old</u>  <b>Host:</b> <u>Carlos</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>		
6:00 - 7:15	<p><b>Class:</b> <u>Aerobics/Body Sculpting</u>  <b>Instructor:</b> <u>Claudia</u>  <b>Age Group:</b> <u>Adults and Seniors</u>  <b>Host:</b> <u>Marianella</u>  <b>Link:</b>            Check for email confirmation containing info about joining the meeting</p>	<p><b>Click Here:</b>  <a href="#">Register in advance for this webinar</a></p>					



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Friday		08/07/20	Saturday		08/09/20
Times	CLASS INFORMATION	ZOOM LOGIN INFORMATION	Times	CLASS INFORMATION	ZOOM LOGIN INFORMATION
3:00 - 4:00	<p>Class: <u>Quarantine Talk Time for Tweens and Teens</u>            Instructor: <u>Dr. Dawson</u>            Age Group: <u>10 years and up</u>            Host: <u>Marianella</u>            Link:  <u>Check for email confirmation containing info about joining the meeting</u></p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>	9:00 - 10:00	<p>Class: <u>Yoga</u>            Instructor: <u>Claudia</u>            Age Group: <u>Adults and Seniors</u>            Host: <u>Marianella</u>            Link:  <u>Check for email confirmation containing info about joining the meeting</u></p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>
4:00 - 5:00	<p>Class: <u>Jazz Fusion</u>            Instructor: <u>Charles</u>            Age Group: <u>7 - 12 years old</u>            Host: <u>Marianella</u>            Link:  <u>Check for email confirmation containing info about joining the meeting</u></p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>			
5:00 - 6:00	<p>Class: <u>Hip Hop</u>            Instructor: <u>Charles</u>            Age Group: <u>7 - 12 years old</u>            Host: <u>Marianella</u>            Link:  <u>Check for email confirmation containing info about joining the meeting</u></p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>			
6:00 - 7:15	<p>Class: <u>Pilates</u>            Instructor: <u>Claudia</u>            Age Group: <u>Adults and Seniors</u>            Host: <u>Marianella</u>            Link:  <u>Check for email confirmation containing info about joining the meeting</u></p>	<p>Click Here:  <a href="#">Register in advance for this webinar</a></p>			